

Happy New Year!

Start your year off with wellness and recovery by attending our Peer Support groups led by those who have walked through and continue to overcome the challenges related to mental health and substance use through compassionate and empathetic sharing of lived experience. We have some new groups beginning this month, so be sure to review the January calendar and consider joining a group you've not yet experienced! Please note that the Center will be closed on Wednesday, January 1st in observance of New Years Day and on Monday, January 20th in observance of Martin Luther King Jr. Day.

A big thank you to all who came and celebrated with us at our 2024 annual Holiday Party! The Iversen Center wishes you a happy and healthy New Year!



Stakeholder Commission Meeting Info

Starting in February 2025, we'll be hosting our Stakeholder Commission Meetings!

These will be open to all Members and Community Partners and will be held once a month on the 1st Monday of each month at 12pm.

The first of these meetings will be on Monday, February 3rd, 2025.

Join us in planning and identifying Iversen Center needs to make improvements to the Center. We hope you'll take advantage of this great opportunity!

Food Pantry- Now 2 times monthly!

Beginning this month, we will be having our Food Pantry on the 2nd and 4th Tuesday of the month from 11am-2pm. This is a Members Only service with Orientation provided the day of for any non-Members.

Pizza and Celebrations

Pizza will be served the 1st and 3rd Mondays of the month after the Members Meeting. A sweet treat will be served the last Friday of the month after Karaoke/Bingo

Clothing Closet

With the help of the NVCSS team at Threads of Hope in Redding- we can provide our Members with a Clothing Closet on Monday January 13th from 11am-2pm.

Group Spotlight

Ceramic Workshop with Breann

Join Breann starting on January 10th to work with clay and leave the 6 weeklong class with a finished piece like the one you see below!

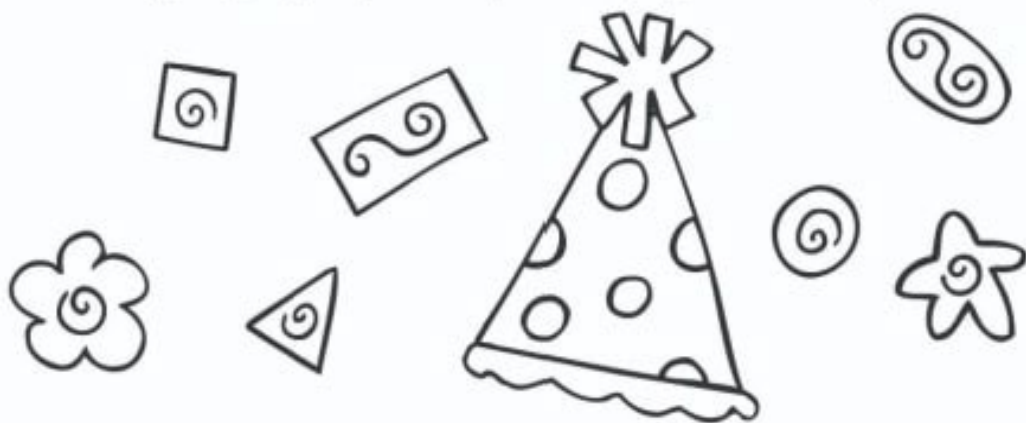


New Year's Word Search



countdown
balloons
confetti
hats
streamers
party
celebrate
January
clock
cheers
goals
dreams
midnight
music
friends
poppers

U C U N Q D C M L G N Q V S V
S L A O G O O A U Q L B W R R
H M G E Z C U Z A S G Q O E A
W D A R H C N J I M I U G M B
P P Z E A Y T F A Q K C J A O
A L E P R G D X S N L C L E W
V R U A I D O H N U U L I R G
S J I J N E W X R S O A E T D
F I T T E F N O C O T B R S B
R A G S D K X L N Y P A Y Y C
I H W O O P M S T O U S H L L
E P C E L E B R A T E O B V O
N U J C R N A Z X E F G G Z C
D O C C S P M I D N I G H T K
S S R E P P O P V F R S S K X





IVERSEN WELLNESS & RECOVERY CENTER

FOOD *pantry*

2nd and 4th Tuesday of
each month!

11am-2pm

MUST BE A MEMBER TO PARTICIPATE



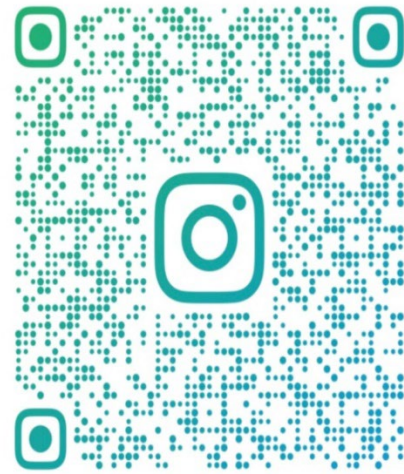
Ready to talk?

Northern Valley Talk Line

Call for phone support!

4:30pm-9:30pm daily

1-855-582-5554



@IVERSENCENTER_NVCS

The Iversen Wellness & Recovery Center

Hope. Support. Respect.

The Iversen Wellness & Recovery Center welcomes all adults, especially those living with persistent mental health challenges, where we collaborate to create a supportive community that is peer-led and agency supported. We promote and encourage acceptance, empowerment, and growth with respect for diversity and difference.

The Iversen Wellness and Recovery Center is a community of individuals in their recovery from challenging Mental Health issues. We focus on hope, personal responsibility, education, self-advocacy, and peer support in a stigma free environment.

Together we realize our dreams.



Recovery oriented activities and services include:

- Peer and staff-led groups and activities
- Peer support
- WRAP classes and groups
- Socialization
- Computer lab provided by BCDBH

The Iversen
Wellness & Recovery Center
492 Rio Lindo Avenue
Chico, CA 95926
(530) 879-3311

The Iversen Center is a program of Northern Valley Catholic Social Service, and is supported by Butte County Department of Behavioral Health and MHA funding.



Northern Valley
Catholic Social Service
INSPIRING HOPE & TRANSFORMING LIVES

