

# DIVERSE MINDS

## Submission Guidelines & Instructions

**The Iversen Wellness & Recovery Center** invites any Northern California community member who lives with or helps others with mental health challenges to submit your original art or written work to be included in the *Diverse Minds North State Journal 2022!*

Types of submissions can include (but are not limited to): poetry, short stories, vignettes, paintings, drawings, graphic design, or photography. Works may be fiction or non-fiction, color or black-and-white. **Keep in mind that print versions of the Journal will be in black-and-white.**

- SUBMIT ENTRIES by emailing [diverseminds@nvcss.org](mailto:diverseminds@nvcss.org) with your work, a completed and signed Submission Form and a completed and signed Publishing Release. **Submissions without these forms will not be accepted.**
- Files must be sent in the following formats:
  - **Art/Images:** .jpg preferred
  - **Written works:** .doc (Word or compatible, **no PDF**)
- Submissions must not include inappropriate, offensive, or libelous material.
- Submissions must be original, the sole work of the artist or author who submits the piece.
- Works must also have not been previously published.
- *Special accommodations can be made if necessary. Contact the Iversen Center at (530)879-3311.*
- Each contributor may submit up to five submissions total (art and/or writing).
- Written submissions must not exceed 1,200 words for stories or prose, or 100 lines for poetry. Poetry line breaks must be clearly identified.
- Submission does not guarantee publication in the book. Iversen Center reserves the right to limit the number of entries allowed in the final draft of the publication. Final decisions will be made by the Iversen Wellness & Recovery Center editorial board/staff.

***All entries must be received by July 31, 2022***



**Northern Valley**  
Catholic Social Service  
INSPIRING HOPE & TRANSFORMING LIVES



# DIVERSE MINDS

## North State

### Journal 2022

Staff use only:

Entry # \_\_\_\_\_

Rec'd by \_\_\_\_\_

### Submission Form

Title of submission: \_\_\_\_\_ Type (circle one): art/image writing

Author/Artist Name (***as you want it printed in the publication***): \_\_\_\_\_

Actual Name: (*private, for identification purposes only*) \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ County: \_\_\_\_\_

Wellness Center I participate in (if applicable): \_\_\_\_\_

**Biography: Some or all of this biography may be used in the publication. Attach another page if needed.**

Write a short paragraph telling us who you are:

What is significant about the piece you are submitting?



# DIVERSE MINDS North State Journal 2022



## Publishing Release

I, \_\_\_\_\_, am the owner of all rights to the copyrightable work, images, artwork, or other content (the “Work”) which is attached to this Publishing Release as Exhibit 1 and incorporated herein by this reference. I hereby grant Northern Valley Catholic Social Service (“NVCSS”) and anyone working with or on behalf of NVCSS to publish, distribute, and sell the Diverse Minds North State Journal, the continuing, nonexclusive, royalty-free right (but no obligation) to publish, reproduce, distribute, and sell the Work: (a) in print, electronic, digital, and all other versions and editions of the NVCSS Literary Journal (“Diverse Minds North State Journal”) (whether published under that name or under another similar name), and (b) in marketing, publicity, advertising, and related materials used to promote and/or sell the Diverse Minds North State Journal.

NVCSS’s agreement to consider publishing my Work in the Journal is the only and complete compensation and consideration due to me. Neither NVCSS nor any other person will pay me, or is required to pay me for use of my Work as allowed by this release. I have no legal claim to ownership of or profits from the Diverse Minds North State Journal, whether or not my Work appears in the publication. I understand that the Work may appear on the Internet and in printed form, as well as in other formats, as part of the Diverse Minds North State Journal.

I am the sole owner of the Work and agree to protect (indemnify) NVCSS from and against any and all costs, claims, and lawsuits brought by me or any other person which arising from or relate to NVCSS’s use, publication or distribution of my Work as permitted by this Release.

This Release does not and will not be deemed to create any employment or business arrangement, joint work, or other legal relationship between NVCSS and me. This Release is a complete statement of the agreement and understanding between NVCSS and me relating to the Work; it replaces and overrules all other agreements or understandings between us about my Work (if any). This Release may be modified only by a written instrument signed by NVCSS and me which states that it modifies this Release. I have read this Release completely and carefully and understand its contents and legal consequences.

AGREED and ACCEPTED:

\_\_\_\_\_  
Signature

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Description of the Work: \_\_\_\_\_

## **Submission Checklist**

- My submission does not include inappropriate, offensive, or libelous material.
- My submission is original and created solely by me as an individual.
- This submission has not been previously published.
- The file I sent is in one of the acceptable formats. (.jpg, .png, .doc)
- I have completed the Submission Form and included it with the submission.
- I have completed the Publishing Release and included it with the submission.
- My story meets the size criteria: 1,200 words or less; 100 lines or less for poetry; poetry line breaks are clearly identified.
- I have submitted by the deadline: July 31, 2022.