Submission Guidelines & Instructions

The Iversen Wellness & Recovery Center invites members of our community who live with or help others with mental health challenges, to submit your original art or written work to be included in the Diverse Minds North State Journal 2023!

Types of submissions can include (but are not limited to): poetry, short stories, paintings, drawings, graphic design, or photography. Works may be fiction or non-fiction, color or black-and-white. Keep in mind that print versions of the Journal will be in black-and-white.

• SUBMIT ENTRIES by emailing diverseminds@nvcss.org with your work, a completed and signed Submission Form and Publishing Release. Submissions without these forms will not be accepted.

Submission requirements

• Submissions must not include inappropriate, offensive, or libelous material.
• Submissions must be original sole work of the artist or author submitting the work.
• Works must also have not been previously published.
• Special accommodations can be made if necessary. Contact the Iversen Center.
• Each contributor may submit up to five submissions total (art and/or writing).
• Written submissions must not exceed 1,200 words for stories or 100 lines for poetry.
• Submission does not guarantee publication in the book. Iversen Center reserves the right to limit the number of entries allowed in the final draft of the publication. Final decisions will be made by the Iversen Wellness & Recovery Center editorial board/staff.

All entries must be received by July 31st, 2023

Submission Form

Title of submission(s):

Author/Artist Name (as you want it printed in the publication):

Actual Name: ___________________________________________ County: ______________

Email: ___________________________________________ Phone: ___________________________
Mailing address: ___________________________ City: __________ Zip: __________

Biography: Some or all of this biography may be used in the publication. Attach another page if needed.

Write a short paragraph telling us who you are. You can attach a word doc or simply type it and email it with your submission form.

**Step by step directions for submission**

**Step 1** – Print out this form and fill out all required information

**Step 2** – scan your submission form and save it as such. You may also take a photo of the entire submission form and submit that. Photos must be clear and show entire form. Type all written work.

**Step 3** – send an email to diverseminds@nvcss.org with the submission form, and all your works.

(Up to 5 per person). All work must be in a word doc, png, jpg format, No pdf

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**Publishing Release**

I, ______________________________, am the owner of all rights to the copyrightable work, images, artwork, or other content (the "Work") which is attached to this Publishing Release as Exhibit 1 and incorporated herein by this reference. I hereby grant Northern Valley Catholic Social Service ("NVCSS") and anyone working with or on behalf of NVCSS to publish, distribute, and sell the Diverse Minds North State Journal, the continuing, nonexclusive, royalty-free right (but no obligation) to publish, reproduce, distribute, and sell the Work: (a) in print, electronic, digital, and all other versions and editions of the NVCSS Literary Journal ("Diverse Minds North State Journal") (whether published under that name or under another similar name), and (b) in marketing, publicity, advertising, and related materials used to promote and/or sell the Diverse Minds North State Journal along with the use of my legal and/or artist name as stated in the submission form. I hereby consent that my legal and/or artist name be (a) included in my work(s) for publication, (b) Utilized for purposes of publication, release, and for purposes related to the book launch, its activities, and related events.

NVCSS’s agreement to consider publishing my Work in the Journal is the only and complete compensation and consideration due to me. Neither NVCSS nor any other person will pay me, or is required to pay me for use of my Work as allowed by this release. I have no legal claim to ownership of or profits from the Diverse Minds North State Journal, whether or not my Work appears in the publication. I understand that the Work may appear on the Internet and in printed form, as well as in other formats, as part of the Diverse Minds North State Journal. I am the sole owner of the Work and agree to protect (indemnify) NVCSS from and against any and all costs, claims, and lawsuits brought by me or any other person which arising from or relate to NVCSS’s use, publication or distribution of my Work as permitted by this Release.

This Release does not and will not be deemed to create any employment or business arrangement, joint work, or other legal relationship between NVCSS and me. This Release is a complete statement of the agreement and understanding between NVCSS and me relating to the Work; it replaces and overrules all other agreements or understandings between us about my Work (if any). This Release may be modified only by a written instrument signed by NVCSS and me which states that it modifies this Release. I have read this Release completely and carefully and understand its contents and legal consequences. AGREED and ACCEPTED:

____________________________________  ______________________
Signature                              Date